

The Vashon Island Food Summit

...for people who eat

March 5–7, 2010

Call for Proposals

Our weekend long Island Food Summit will give all Islanders the opportunity to learn more about the food we eat, both local and imported.

What our presenters bring to the “table” will largely determine the topics, so we are inviting you to make a proposal for a workshop, demonstration, panel discussion, lecture, facilitated discussion, educational display, or other food-related presentation. We are tentatively planning three break-out session tracks. Below are some ideas for each track, but please feel free to come up with your own idea.

Raising Food

- Beginning Gardening
- Raising Livestock
- Cooperative Growing
- Raising Chickens
- Beginning Farming
- Orchards
- Small fruits
- Value-added production

Acquiring and Preparing Food

- Bulk cooking
- Frugal cooking
- Gluten-free food
- Raw food
- Cooperative Food preparation
- Using local (Vashon) Food
- Shopping at the Farmers’ Market
- Frugal shopping
- Food preservation
- Food storage for emergencies
- Foraging & Gleaning
- “Slow Food”
- Making Wise Food Choices
- Cheesemaking
- Cooking for Young Singles

The Food Economy

- The REAL cost of food
- Voting with your “fork”
- Food Jobs
- Food Bank possibilities & opportunities
- Island-wide food security
- Eating in hard times
- Global food security

Each break-out session will last one hour and fifteen minutes. We will have three breakouts of three concurrent workshops on Saturday (and, tentatively, one on Sunday).

Because our budget is limited, priority will be given to those presenting as volunteers, but an especially interesting proposal which requires a presenter’s fee will not be eliminated. Feel free to attach outlines, handouts, pamphlets, resumés, photographs, or other materials to the application that will make your proposal stand out.)

Please note: A break-out session may not promote a specific product or business.

The deadline for applications is Sunday, January 24, 2010. Applications will be reviewed by a selection committee during the week of January 25 and you will be informed of the results by February 4.

If you would like to make a presentation, please complete the attached application and send it to:

The Vashon Island Food Summit
c/o Cathy Fulton
9228 SW209th Street
Vashon, WA 98070

Or, email it to cathy@MariposaGardens.org.

You can also download a word-processor-formatted version of this application from MariposaGardens.org/FoodSummit

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Proposal Application

Name _____

Phone _____ Email _____

Presentation Title _____

This presentation is a: workshop/class demonstration panel discussion* lecture
facilitated discussion educational display** other (please explain in your detailed description)

* If you are presenting a panel discussion, you are responsible for lining up your panelists and preparing them for the panel.

** If you wish to prepare an educational display, which would be available for viewing during the entire conference, please call Cathy Fulton before filling out this application. 463-5652

Maximum participants: _____ You can present either Sat. or Sun. Sat. only Sun. only

Synopsis of your proposal: (This is what we will use to publicize your presentation. We may edit for length.)

Your bio, for publicity: (Again, we may edit for length. If this is a panel, provide the names and titles of panel members.)

More detailed description: (for the selection committee)

Attach outlines, handouts, pamphlets, resumes, photographs, or other materials that will make your proposal stand out.

Tell us about yourself (or your panel members) and your knowledge about this topic and your experience presenting it.

What equipment do you need? It is helpful if you can provide your own equipment, but we may be able to help you.

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Do you require payment? How much \$ _____

Is there anything else you would like us to know?

**Thank you for being a part of
The Vashon Island Food Summit!**